

San Diego County CoDA Fellowship

*Develop a Healthy and Loving Relationship
with Yourself!*

*Make a **Valentine** for You or Your Inner Child*



When: Saturday, February 8, 2025 @ 2:00 pm

Where: Lestat's on Adams Ave. (3343 Adams Ave.)

What: Make a **Valentine** to give to yourself or your inner child. Some supplies will be provided. Bring anything crafty you have to share (special paper, glitter, stencils, buttons, etc!)

Who: Hosted by Healy V. (619 339-3048) & Nancy M. (619 990-2139)

Cost: Free; Lestat's asks that we *Please purchase beverages or snacks from the cafe*